



Fecilitation by President of India



Fecilitation by
Hon. APJ Abdul Kalam



WHO Public Health Champion
Award to Dr. Ashish

82 AWARDS AND RECOGNITIONS

- WHO Public Health Champion Award.
- Last Mile Covid Achiever Award by the World Economic Forum.
- ICMR Best Tribal Health Research Project Award.
- Felicitation by the Honorable President of India.
- Oberoi Melting Pot Award by consulate generals of 26 countries and Rotary International.
- Real Global Award by Save The Children, UK.
- First award in International Tribal Health Conference.

and more.....



RESEARCH PAPERS

Over 45 research papers published in prestigious international medical journals including The Lancet and BMJ.



TESTIMONIALS

MAHAN work is appreciated by various renowned personalities/bodies like- Rajmata Jijau Mission, Gates foundation, Edinburg university UK, National Human Rights Commission.

Harvard SAI, USA and UNICEF

Initiatives started by MAHAN in remote tribal belt of Melghat, have been hugely successful & influential in defining the merits of community-based care globally. Interventions have demonstrated tremendous efficacy & staying power.

The Lancet Global Health

The success of these community-based task shifting interventions in reducing malnutrition & mortality relies on robust training programs, reliable peer support, referral networks, and sustainable incentives. In line with evidence-based practice, the programs have been regularly monitored, evaluated, and modified.

and more.....

SUPPORT

MAHAN Trust

Your support can make a profound difference, potentially saving the lives of countless tribals not only in Melghat but across India.

- Contributions to MAHAN are eligible for a 50% tax exemption under Section 80G of the Income Tax Act.
- Supporters can contribute in various forms including recurring expenses, corpus funds, construction projects, and sponsorship of malnourished children. Additionally, contributions of manpower expertise, medical instruments, medicines, and efforts to build the MAHAN Family/supporters network are invaluable.

BENEFICIARY DETAILS (For Donation)

FCRA ACC
(for overseas donation/outside India)
Name - MAHAN
Acc. No. : 40088379688
IFSC code : SBIN0000691
Swift Code : SBININBB104
State Bank of India, FCRA Cell,
4th Floor, New Delhi Main Branch,
11, Sansad Marg, New Delhi-110001.

NON FCRA Account
(for donation within India)
Name-MAHAN TRUST
Acc. No.: 11743713379
IFSC code/RTGS Code of the Bank
SBIN0002150.

Each donation helps extend our reach and enhance our impact, providing essential services to those in dire need.

SCAN TO PAY ▶

MERCHANT NAME
MAHAN TRUST
UPI ID :
MAHAN79@SBI

For Donation
Within India



CONTACT DETAILS

MAHAN Trust

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Action speaks louder than words

NUTURING HOPE AND CREATING A FUTURE |

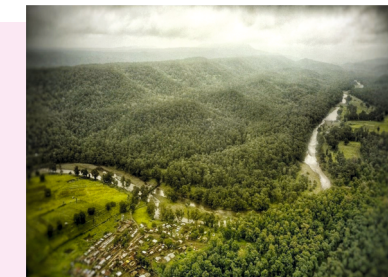
MAHAN Trust

M-Meditation | A-AIDS | H-Health | A-De-Addiction | N-Nutrition



VISION AND MISSION

MAHAN Trust is committed to provide dedicated health services to every tribal member of Melghat, with a principle of service, research and government system strengthening. We aspire to be the premier health institution for tribal areas, aiming towards a self-sustainable and healthy community.



The First Hospital

HOW IT BEGAN?

From a young age, Dr. Ashish Satav was deeply influenced by his grandfather, Mr. Vasantrao Bombatkar, a Sarvodaya leader. and inspired by the teachings of Mahatma Gandhi, Vinoba Bhave, and Swami Vivekananda, who advocated for youth to serve rural India, where the true heart of the nation lies. By the seventh standard, he was determined to become a doctor dedicated to rural healthcare. Disturbed by the dire conditions in Melghat, Dr. Ashish and Dr. Kavita Satav founded the NGO MAHAN in 1998 using their own savings, aiming to bring vital medical services to the region.



Melghat at a glance

(800 km from Mumbai)

The majority of the population in the Melghat belong to the Korku tribe. Most tribals, exceeding 90%, are small-scale farmers or laborers living below the poverty line in challenging conditions without basic amenities like metered electricity in their huts. Additionally, more than half of the community is illiterate, facing poor infrastructure issues.

CHALLENGES IN MELGHAT

In Melghat, the lack of proper health facilities and prevalent superstitions lead to low health-seeking behavior, with many tribals visiting to traditional faith healers for treatment. This results in high rates of death. Challenges include malnutrition, TR, pneumonia, diarrhea, malaria, jaundice, anemia, newborn illnesses like sepsis and LBW, hypertension, cardiovascular diseases, suicide, cataract, Bitot's spot (vitamin A deficiency), goiter (iodine deficiency) addiction to tobacco and alcohol, cancer, and more.

BEFORE MAHAN INTERVENTION

The region grappled with dire health challenges: under-five mortality rates exceeded 140, infant mortality rates were above 100 per 1,000 live births, and over 20% of the child population suffered from severe malnutrition. This was further exacerbated by a high incidence of premature adult and maternal deaths, with more than 95% of deliveries occurring at home. ASMR>500 per 100000 population

PROGRAMS

- **Mahatma Gandhi Tribal Hospital**
- **Home-Based Child Care (HBCC) Program**
Addresses child mortality and malnutrition through community-based care.
- **SAMMAN (Severe Acute Malnutrition Management and Nutrition)**
Focuses on nutritional rehabilitation through local therapeutic food and treatment of severely malnourished children (SMC).
- **Blindness Control Program**
Provides eye care services, surgeries, and preventive measures to reduce and cure blindness.
- **ICU Critical Care**
MAHAN Trust Mahatma Gandhi Tribal Hospital, operates the only ICU in Melghat, providing essential life-saving care for serious patients.
- **Mortality Control Program for the Economically Productive Age Group (MCPEPAG)**
Aims to reduce mortality among adults by treating common diseases and promoting health education.
- **UMANG De-addiction Program**
Tackles addiction issues within the community, promoting healthier lifestyles.
- **Sustainable Nutrition Program**
 - Encourages the use of kitchen gardens and nutritional farms to improve food security and dietary habits.
- **RSV Study**
Respiratory Syncytial Virus) research Study to improve prevention strategies, particularly among infants.
- **Counselor Program**
Offers counselling services in 17 government hospitals to help patients and improve treatment outcomes.
- **Policy Change Initiatives**
Research, advocacy and public interest litigation led to new or improved 38 state level government health policies.
- **COVID-19 Relief and Response**
Offers comprehensive support to tackle COVID-19 through treatment, vaccination, BCC, and community education.
- **Minimal Invasive Tissue Sampling (MITS)**
Utilizes innovative techniques to determine causes of death in the community, particularly among children and adults.
- **Wairagar Shantinilayam**

IMPACT

- Treated 1,39,215 patients.
- Treatment of >1,05,660 childhood illness episodes. Significant reduction in U5MR, IMR ($p < 0.0001$)
- Achieved statistically significant **reduction** in Severe Acute Malnutrition (SAM) prevalence by **76.45%**. (p value < 0.001) by treatment of 1887 SAM.
- More than **5,69,266** beneficiaries **served**. **Prevented** blindness in over **36194** cases.
- The ICU has treated over **5404** serious patients, such as heart attacks, cerebral malaria, coma, etc., with lower case fatality rate (8.8%) compared to the national average (18%).
- Adult (16-60 years) illness episodes **treated: 130484**
- Net **reduction of 50%** in age-specific mortality rate compared to control areas. (p value < 0.001)
- Villagers from **3 villages stopped social drinking since 10 years**. **Reduction in tobacco chewing** among pregnant women and associated low birth weight.
- Over **12062** nutrition gardens and farms developed.
- Produced and **distributed over 449071 kg of food**.
- Tested nasopharyngeal samples from 4842 cases of severe pneumonia and 250 deaths, establishing a significant RSV connection with morbidity and mortality. It will be useful for Global vaccination policies.
- Benefitted over 7,69,148 people. Significant Improvement in hospital deliveries, hospitalization of SMC and recovery rate of hospitalized SMC babies ($P < 0.0001$).
- Improved health care and nutrition, directly **benefiting more than over 1 million tribal** in Maharashtra.
- **Treated** over 175 confirmed serious COVID-19 patients with a lower case fatality rate (**16.9%**) compared to the national average (**25%**)
- Provided **medicines** in the field **free of cost**. Treated >51517 general patients in villages
- It will help global policies for reducing the time interval between the community death and the determination of cause.
- Reduced pain of many terminally ill Cancer and other patients



Reaching the Unreachable



MAHAN
TODAY



Dr. Dani : treating a Child



Door to Door
Eye Checkups



Cataract Surgery



Operated Cataracts



3rd Largest Goiter Surgery
in the world



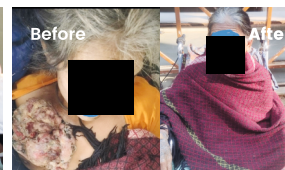
Nutrition Farms / Kitchen
Gardens



Severely Malnourished
Treatment



Dr. Gahankari operating on
poor patients



Wairakar Shantinilayam
Breast Cancer Surgery

SUPPORTING PILLARS

Caring Friends	Colorado University, USA	Stitching Geron Netherlands	Kacholia Family Dr. Niteen Wairagar Rajkumar Bhargava	The JRD TATA Trust
Bajaj Auto CSR	Edinburgh University, UK	Maharashtra Foundation, USA	Individuals Worldwide Doctors. Dr. Dilipji Gahankar	PwC PricewaterhouseCoopers LLP
Mastek Foundation, HCL Foundation	Nottingham University, UK	AmeriCare Foundation, Shree Raj Foundation	Hon. Nitinji Gadkari Hon. Anuji Aga, M.P.	Rotary Club of Bombay Bayview
Tribal Development Department	Paul Hamlyn Foundation UK	Syngenta Foundation, B. K. Securities	SEARCH CIIMS	PDMMC AMRAVATI
Aditya Birla Capital found.	Sewa International	N.M.Budharani Trust	Credibility Alliance, Global Giving	Vikas Arya Arya Samaj Seva Foundation
Fine Organics Ltd. Ajmera Realty	Arpan Foundation USA	Edelgive Foundation, Wishing Well	Guide Star, Give India, Bengal Finance	Rotary Club Lions Club-Nagpur

MAHAN trust is providing free medical services to poor tribal of Melghat since **27** years



Dr. Ashish treating
patients in village



UMANG -Yoga for tribal



Dr. Kavita examining
patients in villages



A New Dawn: Antu's Journey of
Hope and Healing

Antu, an 18-year-old resident of Melghat, found herself in a life-threatening situation. Her condition was critical when she was admitted in the ICU of MAHAN Mahatma Gandhi Tribal Hospital. Faced with uncertainty, her family was overwhelmed with fear and doubt, unsure if she would make it through.

But under the compassionate care and expert guidance of Dr. Ashish Satav, the hospital's dedicated team sprang into action. With state-of-the-art treatment, Antu's condition slowly began to improve. The hospital provided life-saving care, offering free oxygen, medications and treatment, alleviating the financial burden on the family.

Not only did Antu receive the highest level of medical care, but the hospital also ensured that both the patient and her relatives were well-fed and supported throughout his recovery process-all free of charge.

In a matter of time, Antu made a remarkable recovery. What seemed like an impossible situation was transformed into a story of triumph and healing. With renewed health and strength, Antu was discharged, leaving the hospital with a heart full of gratitude and hope.

The selfless efforts of Dr. Satav and the Mahatma Gandhi Tribal Hospital created a ripple of inspiration in the community, showing that with dedication, care, and guidance, even the most dire situations can lead to new beginnings. Antu's journey from the brink of despair to recovery is a testament to the power of compassionate healthcare.



Dr. Ashish saved serious COVID
positive patient from COMA



Dr. Ashish treating severely
malnourished child



Dr. Ashish treating serious
patient on ventilators